



CHEER & TUMBLE HOLIDAY CLINICS AT YCD!!

Learn from the U.S.A's best - Mr Erick K – and take your Cheer & Tumble skills to the NEXT LEVEL.

BOOK NOW & RECEIVE AN EARLY BIRD DISCOUNT!!

About Erick K – Guest international coach at YCD – direct from Florida! USASF credentialled levels 1–5, 50+ National U.S.A Championship titles, 19yrs coaching experience & current U.S.A Varsity Judge!!

FLYERS CLINIC – Highly recommended for ALL flyers OR anyone wanting to be a flyer & keen to learn more! This clinic will teach some clever tricks of the trade, along with some great stretching techniques!!

TUESDAY 26TH SEPTEMBER 5–6pm

JUMPS & MOTIONS CLINIC – Want to improve your jump technique & tighten up those motions? Then this is the class for you!! Highly recommended for ALL CHEERLEADERS!!

TUESDAY 26TH SEPTEMBER 6–7pm

LEVEL 1 STUNTING – Highly recommended for ALL Novice & Level 1 Cheerleaders! Improve your technique, learn new skills & gain confidence in your cheer stunting!!

THURSDAY 28TH SEPTEMBER 4–5pm

LEVEL 1 TUMBLING – Highly recommended for ALL level 1 tumblers!

Clean your technique, gain new skills & perfect the skills you already have! If you can cartwheel, forward/backward roll, forward/backward walkover, round off (or working toward these skills) this is absolutely the clinic for you! **THURSDAY 28TH SEPTEMBER 5–6:30pm**

LEVEL 2 STUNTING – Highly recommended for ALL Level 2 Cheerleaders!

Improve your stunt technique, learn new skills & gain confidence!! **TUESDAY 3RD OCTOBER 4:30–6:00pm**

LEVEL 2 TUMBLE – Highly recommended for those achieving level 2 tumbling skills or working toward level 2 eg: back handsprings! Clean your technique, gain new skills, learn new drills and/or perfect the skills you already have with a master tumble technician!! **TUESDAY 3RD OCTOBER 6:30–8pm**

LEVEL 3/4 STUNTING – Highly recommended for ALL Level 3 & 4 Cheerleaders!

Improve your stunt technique, learn new skills, grips and gain new confidence in your stunting ability!!

THURSDAY 5TH OCTOBER 4:30 – 6:00pm

LEVEL 3/4 TUMBLE – Recommended for those who are achieving level 3 & 4 tumbling skills! Got your back tuck, back layout and ready to twist?? This is Erick's favourite skill to teach – so buckle in & enjoy the ride! If achieving twisting skills - clean your technique! **THURSDAY 5TH OCTOBER 6:30–8:00pm**

Book your place by Saturday 16th September to receive the EARLY BIRD rate!

LIMITED SPACES AVAILABLE... DO NOT MISS OUT!!

All clinics held at YCD's Gym – 8 Bromley Rd, Emu Plains

CHEER & TUMBLE HOLIDAY WORKSHOPS BOOKING FORM!!

Please return this form with payment to YCD - 2/8 Bromley Rd, Emu Plains, or email through to admin@youcandance.com.au & make CC payment over the phone 47-357797.

Students name: _____

Age: _____

Current Cheer level: _____

Current Tumble level: _____

TAKE ADVANTAGE OF THE EARLY BIRD DISCOUNT!

BOOK BEFORE 16th September - \$15 per Clinic (Unlimited clinics \$55)

BOOK AFTER 16th September - \$20 each Clinic (Unlimited clinics \$75)

WHICH CLINICS WOULD YOU LIKE TO ATTEND??

FLYERS CLINIC - TUESDAY 26TH SEPTEMBER 5-6pm

JUMPS & MOTIONS CLINIC - TUESDAY 26TH SEPTEMBER 6-7pm

LEVEL 1 STUNTING - THURSDAY 28TH SEPTEMBER 4-5pm

LEVEL 1 TUMBLING - THURSDAY 28TH SEPTEMBER 5-6:30pm

LEVEL 2 STUNTING - TUESDAY 3RD OCTOBER 4:30-6:00pm

LEVEL 2 TUMBLE - TUESDAY 3RD OCTOBER 6:30-8pm

LEVEL 3/4 STUNTING - THURSDAY 5TH OCTOBER 4:30 - 6pm

LEVEL 3/4 TUMBLE - THURSDAY 5TH OCTOBER 6:30-8pm

TOTAL COST - \$ _____

BBQ DINNER AVAILABLE - TUESDAY 3RD OCT & THURSDAY 5TH OCT

Bring along \$5 and enjoy a sausage sizzle/BBQ dinner & drink.

Interested in booking a **PRIVATE TUMBLING LESSON** with Erick during the school holiday break? Let us know!

CALL 47-357797 & BOOK TODAY! \$40 (30 minutes) \$60 (45 minutes)